

	DILLUNS	DIMARTS	DIMECRES	DIJOUS	DIVENDRES	DISSABTE
1 Setmana 2-8 JUNY	MONGETA VERDA250GR Kcal.239 Ptr22.59 Hdc .23.37 Lip16 PROT5.40 ROSADA150GR 400GR, 338KCAL HC21 LIP 22 PROT9.75 fruita 100 GR	COLIFLOR 250GR Kcal.219 Ptr25 Hdc .28 Lip17 PROT6.32 BISTEC DE VEDELLA150GR 400 gr 342KCA HC;36 LIP 19, PROT: 14 fruita 100 GR Kcal = 69 Ptr = 0 Hdc = 18 Lip	BLEDES250GR Kcal.218 Ptr24Hdc .23 Lip17 PROT5.40 HAMBURGUESA DE VEDELLA150GR 400 gr, 353KCAL HC;36 , LIP 19 PROT: 11.15 Làcti 125 GR Kcal 123 Ptr5 Hdc 16.25 Lip=3.75	BROCOLI250GR Kcal.234 Ptr22. Hdc .24 Lip18 PROT5.40 TRUITA150GR 400g, 335KCAL HC;38, LIP 18PROT: 12.16 fruita 100 GR Kcal = 69 Ptr = 0 Hdc = 18 Lip= 0	MENESTRA DE VERDURES250GR Kcal.241 Ptr25 Hdc .28 Lip17 PROT6.32 BISTEC DE VEDELLA150GR 400 gr 342KCA HC;36 LIP 19, PROT: 14 fruita 100 GR Kcal = 69 Ptr = 0 Hdc = 18 Lip= 0	PASTA A L.ORENGA Kcal. 347 Ptr. 16.05 Hdc. 51.40 lip 8.1 POLLASTRE 150GR 400 gr, 370KCAL HC;22 LIP 23 PROT: 9.78 fruita 100 GR Kcal = 69 Ptr = 0 Hdc = 18 Lip= 0
2Setmana 9-15 JUNY	MONGETA VERDA 250GR Kcal.239 Ptr22.59 Hdc .23.37 Lip16 PROT5.40 LLENGUADINA 150GR 400GR, 324KCAL HC21 LIP 22 PROT9.50 fruita 100 GR	ARRÒS AMB VERDURES 250gr Kcal. 324 Ptr. 13.09 Hdc .54.95 Lip.5.03 POLLASTRE 150GR 400 gr, 370KCAL HC;22 LIP 23 PROT: 9.78 fruita 100 GR Kcal = 69 Ptr = 0 Hdc = 18 Lip=	BLEDES250GR Kcal.218 Ptr24Hdc .23 Lip17 PROT5.40 HAMBURGUESA DE VEDELLA150GR 400 gr, 353KCAL HC;36 , LIP 19 PROT: 11.15 Làcti 125 GR Kcal 123 Ptr5 Hdc 16.25 Lip=3.75	BROCOLI250GR Kcal.234 Ptr22. Hdc .24 Lip18 PROT5.40 TRUITA150GR 400g, 335KCAL HC;38, LIP 18PROT: 12.16 fruita 100 GR Kcal = 69 Ptr = 0 Hdc = 18 Lip= 0	MENESTRA DE VERDURES250GR Kcal.241 Ptr25 Hdc .28 Lip17 PROT6.32 BISTEC DE VEDELLA150GR 400 gr 342KCA HC;36 LIP 19, PROT: 14 fruita 100 GR Kcal = 69 Ptr = 0 Hdc = 18 Lip= 0	ESPINACS AMB PATATA250GR Kcal.236 Ptr23 Hdc .27Lip16 PROT6.32 GALL DINDI150GR 400 gr 330KCA HC;34 LIP 18, PROT: 12 Làcti 125 GR Kcal 123 Ptr5 Hdc 16.25 Lip=3.75
3 Setmana 16-22 JUNY	MONGETA VERDA250GR Kcal.239 Ptr22.59 Hdc .23.37 Lip16 PROT5.40 ROSADA150GR 400GR, 338KCAL HC21 LIP 22 PROT9.75 fruita 100 GR	COLIFLOR 250GR Kcal.219 Ptr25 Hdc .28 Lip17 PROT6.32 BISTEC DE VEDELLA150GR 400 gr 342KCA HC;36 LIP 19, PROT: 14 fruita 100 GR Kcal = 69 Ptr = 0 Hdc = 18 Lip	BLEDES250GR Kcal.218 Ptr24Hdc .23 Lip17 PROT5.40 HAMBURGUESA DE VEDELLA150GR 400 gr, 353KCAL HC;36 , LIP 19 PROT: 11.15 Làcti 125 GR Kcal 123 Ptr5 Hdc 16.25 Lip=3.75	BROCOLI250GR Kcal.234 Ptr22. Hdc .24 Lip18 PROT5.40 TRUITA150GR 400g, 335KCAL HC;38, LIP 18PROT: 12.16 fruita 100 GR Kcal = 69 Ptr = 0 Hdc = 18 Lip= 0	MENESTRA DE VERDURES250GR Kcal.241 Ptr25 Hdc .28 Lip17 PROT6.32 BISTEC DE VEDELLA150GR 400 gr 342KCA HC;36 LIP 19, PROT: 14 fruita 100 GR Kcal = 69 Ptr = 0 Hdc = 18 Lip= 0	PASTA A L.ORENGA Kcal. 347 Ptr. 16.05 Hdc. 51.40 lip 8.1 POLLASTRE 150GR 400 gr, 370KCAL HC;22 LIP 23 PROT: 9.78 fruita 100 GR Kcal = 69 Ptr = 0 Hdc = 18 Lip= 0
4 semana 23-29 juny	MONGETA VERDA250GR Kcal.239 Ptr22.59 Hdc .23.37 Lip16 PROT5.40 ROSADA150GR 400GR, 338KCAL HC21 LIP 22 PROT9.75 fruita 100 GR	FESTIU	BLEDES250GR Kcal.218 Ptr24Hdc .23 Lip17 PROT5.40 HAMBURGUESA DE VEDELLA150GR 400 gr, 353KCAL HC;36 , LIP 19 PROT: 11.15 Làcti 125 GR Kcal 123 Ptr5 Hdc 16.25 Lip=3.75	BROCOLI250GR Kcal.234 Ptr22. Hdc .24 Lip18 PROT5.40 TRUITA150GR 400g, 335KCAL HC;38, LIP 18PROT: 12.16 fruita 100 GR Kcal = 69 Ptr = 0 Hdc = 18 Lip= 0	MENESTRA DE VERDURES250GR Kcal.241 Ptr25 Hdc .28 Lip17 PROT6.32 BISTEC DE VEDELLA150GR 400 gr 342KCA HC;36 LIP 19, PROT: 14 fruita 100 GR Kcal = 69 Ptr = 0 Hdc = 18 Lip= 0	ESPINACS AMB PATATA250GR Kcal.236 Ptr23 Hdc .27Lip16 PROT6.32 GALL DINDI150GR 400 gr 330KCA HC;34 LIP 18, PROT: 12 Làcti 125 GR Kcal 123 Ptr5 Hdc 16.25 Lip=3.75
5 setmana 30juny	MONGETA VERDA 250GR Kcal.239 Ptr22.59 Hdc .23.37 Lip16 PROT5.40 LLENGUADINA 150GR 400GR,24KCAL HC21 LIP 22 PROT9.50 fruita 100 GR					